

SAFETY TIPS FOR ABALONE DIVERS

SURVIVE TO ENJOY YOUR CATCH!

CHECK LOCAL CONDITIONS - Always check the weather forecast and ocean conditions before diving.

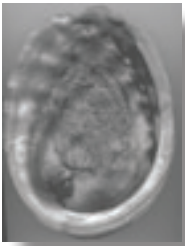
CHECK YOURSELF OUT - Honestly assess your capabilities in light of the weather forecast and the local water conditions. Are you in shape? Are you sober?

DRINKING AND DIVING DON'T MIX!

BUDDY UP - Always dive with a partner. Make a dive plan and stick to it. And stay together.

GET A LIFT - Drop your weight belt if you get tired or in trouble. Have a hook or strap on your dive tube that you can hang your belt on anytime you need a break. And don't over weight! About 10% of your body weight is all you should carry.

**AND PLEASE REMEMBER, THE OCEAN AND THE
ABALONE WILL BE THERE TOMORROW.
MAKE A GO/NO-GO DECISION YOU CAN LIVE WITH!**



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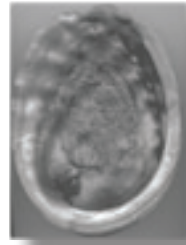
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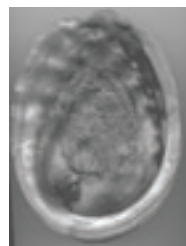
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National Weather Service Hotline

707-443-7062

KOZT Radio Coastline

1-800-39 COAST

Salt Point State Park Dive Line

707-847-3222

Web Sites

NOAA Pt. Arena Weather Buoy

www.ndbc.noaa.gov/station_page.php?station=46014

National Weather Service Eureka Office

www.wrh.noaa.gov/eka/

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WATER SAFETY COALITION. TAX DEDUCTIBLE
DONATIONS MAY BE SENT TO
BOX 1837 MENDOCINO, CA 95460

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